

**HOW TO  
HAVE HOPE  
IN GOD**

**PSALM 42**

## Psalm 42

**1 As the hart panteth after the water brooks, so panteth my soul after thee, O God.**

**2 My soul thirsteth for God, for the living God: when shall I come and appear before God?**

**3 My tears have been my meat day and night, while they continually say unto me, Where is thy God?**

**4 When I remember these things, I pour out my soul in me: for I had gone with the multitude, I went with them to the house of God, with the voice of joy and praise, with a multitude that kept holyday.**

**5 Why art thou cast down, O my soul? and why art thou disquieted in me? hope thou in God: for I shall yet praise him for the help of his countenance.**

## Psalm 42 - continued

**6 O my God, my soul is cast down within me: therefore will I remember thee from the land of Jordan, and of the Hermonites, from the hill Mizar.**

**7 Deep calleth unto deep at the noise of thy waterspouts: all thy waves and thy billows are gone over me.**

**8 Yet the LORD will command his lovingkindness in the day time, and in the night his song shall be with me, and my prayer unto the God of my life.**

**9 I will say unto God my rock, Why hast thou forgotten me? why go I mourning because of the oppression of the enemy?**

## Psalm 42 - continued

**10 As with a sword in my bones, mine enemies reproach me; while they say daily unto me, Where is thy God?**

**11 Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health of my countenance, and my God.**

# Introduction

**A. We need to abound in hope**

**Romans 15:13**

**Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost.**

**B. We need to advance hope**

**Romans 5:5**

**And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.**

# **I. The Heritage of Hope**

**Titus 3:7**

**That being justified by his grace, we should be made heirs according to the hope of eternal life.**

**A. Grace gives right standing with God**

**B. Right standing makes us heirs of God**

**Romans 8:16-17**

**16 The Spirit itself beareth witness with our spirit, that we are the children of God:**

**17 And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.**

**C. Heirship gives us the promise of an heritage**

**D. This heritage gives us hope**

## **II. The Optimism of Hope**

**Psalm 146:5**

**Happy is he that hath the God of Jacob for his help,  
whose hope is in the LORD his God:**

**A. Our outlook is a window to our faith**

**1 Peter 1:21**

**Who by him do believe in God, that raised him up from  
the dead, and gave him glory; that your faith and hope  
might be in God.**

**Galatians 5:5**

**For we through the Spirit wait for the hope of  
righteousness by faith.**

## **II. The Optimism of Hope**

**B. Our faith is a window to where our hope is placed**

**1. For action**

**Proverbs 14:21**

**He that despiseth his neighbour sinneth: but he that hath mercy on the poor, happy *is* he**

**2. For wisdom**

**Proverbs 16:20**

**He that handleth a matter wisely shall find good: and whoso trusteth in the LORD, happy *is* he.**

**3. For peace**

**Isaiah 26:3**

**Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.**

# **III. The Patience In Hope**

## **1 Thessalonians 1:3**

**Remembering without ceasing your work of faith, and labour of love, and patience of hope in our Lord Jesus Christ, in the sight of God and our Father;**

### **A. Most Christians need more patience**

#### **2 Peter 1:5-6**

**5 And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge;**

**6 And to knowledge temperance; and to temperance patience; and to patience godliness;**

### **III. The Patience In Hope**

#### **B. Patience of hope must be developed**

**1 Peter 5:10**

**But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.**

#### **C. We can not give up on developing patience**

**James 1:4**

**But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.**

# **IV. Eternal Life Gives Hope**

**Titus 1:2**

**In hope of eternal life, which God, that cannot lie,  
promised before the world began;**

**A. Hope = Joyful expectation**

**1 Peter 1:3**

**Blessed *be* the God and Father of our Lord Jesus Christ,  
which according to his abundant mercy hath begotten us  
again unto a lively hope by the resurrection of Jesus  
Christ from the dead,**

## **IV. Eternal Life Gives Hope**

**B. To set our affection on things above**

**Colossians 3:1-2**

**1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.**

**2 Set your affection on things above, not on things on the earth.**

**C. To claim the treasures laid up for us in heaven**

**Colossians 1:5**

**For the hope which is laid up for you in heaven, whereof ye heard before in the word of the truth of the gospel;**

**HOW HOPEFUL  
ARE YOU?**