

Psalm 46

1 God is our refuge and strength, a very present help in trouble.

2 Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;

3 Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah.

4 There is a river, the streams whereof shall make glad the city of God, the holy place of the tabernacles of the most High.

5 God is in the midst of her; she shall not be moved: God shall help her, and that right early.

Psalm 46 - continued

6 The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.

7 The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

8 Come, behold the works of the LORD, what desolations he hath made in the earth.

9 He maketh wars to cease unto the end of the earth; he breaketh the bow, and cutteth the spear in sunder; he burneth the chariot in the fire.

10 Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.

11 The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

EARTHQUAKE-PROOF

YOUR

LIFE

PSALM 46

I. God's Presence (v 1)

A. God appears at the beginning of the Psalm

1. Without God there is no beginning

Genesis 1:1

In the beginning God created the heaven and the earth.

2. This is the God who loves you

1 John 4:9

**In this was manifested the love of God toward us,
because that God sent his only begotten Son into the
world, that we might live through him.**

I. God's Presence (v 1)

A. God appears at the beginning of the Psalm - continued

3. Not some impersonal supreme being

Exodus 33:19

And he said, I will make all my goodness pass before thee, and I will proclaim the name of the LORD before thee; and will be gracious to whom I will be gracious, and will shew mercy on whom I will shew mercy.

I. God's Presence (v 1)

B. The secret of peace is a personal relationship with God

1. "God is our refuge"

2. "The Lord is my shepherd"

3. "For he is our peace"

Psalm 62:7-8

7 In God is my salvation and my glory: the rock of my strength, and my refuge, is in God.

8 Trust in him at all times; ye people, pour out your heart before him: God is a refuge for us. Selah.

I. God's Presence (v 1)

C. "Our refuge"

1. We hide in God when storms come

Proverbs 18:10

The name of the Lord is a strong tower: the righteous runneth into it, and is safe.

2. We are safe with Him when our world is shaking

Psalm 4:8

I will both lay me down in peace, and sleep: for thou, Lord, only makest me dwell in safety.

I. God's Presence (v 1)

D. "Our strength"

1. God gives strength to those who are weak

2 Corinthians 12:10

Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.

2. Waiting on the Lord renews our strength

Isaiah 40:31

But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

I. God's Presence (v 1)

E. "A very present help in trouble"

1. Our Lord is always with us

Psalm 139:7-10

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

2. He is greater than any trouble we face

II. God's Peace (vv 2-7)

A. "Therefore we will not fear"

Isaiah 41:13

For I the Lord thy God will hold thy right hand, saying unto thee, Fear not; I will help thee.

B. The extent of the psalmist's fearlessness (vv 2-3)

- 1. No fear though the earth be removed**
- 2. No fear though the mountains fall into the sea**
- 3. No fear though waves rage on the seas**
- 4. No fear though earthquakes shake the mountains**

II. God's Peace (vv 2-7)

**C. Peace multiplies here as we look toward heaven
(vv 4-6)**

- 1. The river of life is heaven**
- 2. The city of God is there**
- 3. No enemies there**
- 4. Jesus is preparing places there**

John 14:1-3

1 Let not your heart be troubled: ye believe in God, believe also in me.

2 In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you.

3 And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also.

II. God's Peace (vv 2-7)

D. Meanwhile, the Lord of hosts is with us (v 7)

2 Chronicles 32:8

With him is an arm of flesh; but with us is the Lord our God to help us, and to fight our battles. And the people rested themselves upon the words of Hezekiah king of Judah.

III. God's Promises (vv 8-11)

A. God is at work when our world is shaking (v 8)

Romans 8:28

And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

III. God's Promises (vv 8-11)

B. God makes wars cease (v 9)

1. He makes weapons worthless

Isaiah 54:17

No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord.

2. “The destroyers He destroys” – Charles Spurgeon

III. God's Promises (vv 8-11)

**C. We can be still and leave the future with God
(vv 10-11)**

1. He has saved us through faith in Christ

Romans 5:1

**Therefore being justified by faith, we have peace with
God through our Lord Jesus Christ:**

2. He will keep us by faith in Christ

Isaiah 26:3

**Thou wilt keep him in perfect peace, whose mind is
stayed on thee: because he trusteth in thee.**

GOD HAS GOT THIS