

IS THANK YOU  
IN YOUR  
VOCABULARY?  
PSALM 103

# Introduction

## A. Being thankful is expected

### 1 Thessalonians 5:18

**In every thing give thanks: for this is the will of God in Christ Jesus concerning you.**

### Psalm 107:1-2

**1 O give thanks unto the LORD, for he is good: for his mercy endureth for ever.**

**2 Let the redeemed of the LORD say so, whom he hath redeemed from the hand of the enemy;**

# Introduction

**B. Our thankfulness should be God-based**

**Ephesians 5:20**

**Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;**

**Colossians 3:15**

**And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.**

# **I. Thankfulness That Comes From Me (103:1-2)**

## **Psalm 103:1-2**

**1 Bless the LORD, O my soul: and all that is within me, bless his holy name.**

**2 Bless the LORD, O my soul, and forget not all his benefits:**

**A. A choice (v 1)**

**B. A commitment (v 1)**

**C. A challenge (v 2)**

## **II. Thankfulness For What God Has Done For Me (103:3-5)**

### **Psalm 103:3-5**

**3 Who forgiveth all thine iniquities; who healeth all thy diseases;**

**4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;**

**5 Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.**

# **III. Thankfulness For What God Has Done For Us**

## **(103:6-12)**

**A. In message (vv 6-7)**

**Psalm 103:6-7**

**6 The LORD executeth righteousness and judgment for all that are oppressed.**

**7 He made known his ways unto Moses, his acts unto the children of Israel.**

# **III. Thankfulness For What God Has Done For Us**

## **(103:6-12)**

### **B. In mercy (vv 8-10)**

#### **Psalm 103:8-10**

**8 The LORD is merciful and gracious, slow to anger, and plenteous in mercy.**

**9 He will not always chide: neither will he keep his anger for ever.**

**10 He hath not dealt with us after our sins; nor rewarded us according to our iniquities.**

# **III. Thankfulness For What God Has Done For Us**

## **(103:6-12)**

**C. In magnitude (vv 11-12)**

**Psalm 103:11-12**

**11 For as the heaven is high above the earth, so great is his mercy toward them that fear him.**

**12 As far as the east is from the west, so far hath he removed our transgressions from us.**

# **IV. Thankfulness For Why God Does These Things (103:3-7)**

## **A. The character of God to act**

### **Psalm 103:13-14**

**13 Like as a father pitieth his children, so  
the LORD pitieth them that fear him.**

**14 For he knoweth our frame; he remembereth that we  
are dust.**

# **IV. Thankfulness For Why God Does These Things (103:3-7)**

## **B. The concern for man to act**

### **Psalm 103:15-16**

**15 As for man, his days are as grass: as a flower of the field, so he flourisheth.**

**16 For the wind passeth over it, and it is gone; and the place thereof shall know it no more.**

# **IV. Thankfulness For Why God Does These Things (103:17-21)**

## **C. The conditions for God to act**

### **1. Respect for God (v 17)**

**Psalm 103:17-21**

**But the mercy of the LORD is from everlasting to everlasting upon them that fear him, and his righteousness unto children's children;**

### **2. Obedience to God (v 18)**

**Psalm 103:18**

**To such as keep his covenant, and to those that remember his commandments to do them.**

# **IV. Thankfulness For Why God Does These Things (103:17-21)**

## **D. The consequences of God's actions**

### **1. His rule (v 19)**

#### **Psalm 103:19**

**The LORD hath prepared his throne in the heavens; and his kingdom ruleth over all.**

# **IV. Thankfulness For Why God Does These Things (103:17-21)**

## **D. The consequences of God's actions - consequences**

### **2. His praise (vv 20-22)**

#### **a. From His angels**

### **Psalm 103:20-21**

**20 Bless the LORD, ye his angels, that excel in strength,  
that do his commandments, hearkening unto the voice of  
his word.**

**21 Bless ye the LORD, all ye his hosts; ye ministers of his,**

# **IV. Thankfulness For Why God Does These Things**

## **(103:17-21)**

### **D. The consequences of God's actions - continued**

#### **2. His praise (vv 20-22)**

##### **b. From His creation**

#### **Psalm 103:22**

**Bless the LORD, all his works in all places of his dominion:  
bless the LORD, O my soul.**

#### **Psalm 150:6**

**Let every thing that hath breath praise the LORD. Praise ye  
the LORD.**

#### **Luke 19:40**

**And he answered and said unto them, I tell you that, if  
these should hold their peace, the stones would immediately  
cry out.**

## **Psalm 107:8**

**Oh that men would praise the LORD for his  
goodness, and for his wonderful works to the  
children of men!**