

WHAT TO DO
WITH OUR
BURDENS

PSALM 55:22-23

Introduction

A. We are all familiar with burdens

1 Corinthians 10:31

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

B. Our burdens have not taken God by surprise

Hebrews 4:15

For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

Introduction

C. Sometimes we feel our burdens are too great

Psalm 55:1-6

1 Give ear to my prayer, O God; and hide not thyself from my supplication.

2 Attend unto me, and hear me: I mourn in my complaint, and make a noise;

3 Because of the voice of the enemy, because of the oppression of the wicked: for they cast iniquity upon me, and in wrath they hate me.

Introduction

C. Sometimes we feel our burdens are too great

Psalm 55:1-6 - continued

4 My heart is sore pained within me: and the terrors of death are fallen upon me.

5 Fearfulness and trembling are come upon me, and horror hath overwhelmed me.

6 And I said, Oh that I had wings like a dove! for then would I fly away, and be at rest.

**Solutions to our problems
are awaiting our
acceptance**

Psalm 55:22-23

22 Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved.

23 But thou, O God, shalt bring them down into the pit of destruction: bloody and deceitful men shall not live out half their days; but I will trust in thee.

I. God's Great Invitation

A. We can cast our burdens on the Lord

B. He is waiting to receive all al our trials and temptations

1 Peter 5:7

Casting all your care upon him; for he careth for you.

I. God's Great Invitation

C. God's love is stronger than any enemy we face

Romans 8:35-39

35 Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

36 As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter.

37 Nay, in all these things we are more than conquerors through him that loved us.

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

II. God's Blessed Boundaries For Believers

A. Consider God's boundary of love

2 Corinthians 5:14

For the love of Christ constraineth us; because we thus judge, that if one died for all, then were all dead:

B. Consider God's boundary of grace

2 Corinthians 9:8

And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

II. God's Blessed Boundaries For Believers

C. Consider God's boundary of compassion

1. We need to realize it is limitless

Psalm 86:15

But thou, O Lord, art a God full of compassion, and gracious, long suffering, and plenteous in mercy and truth.

2. We need to remember His past compassion

Psalm 111:4

He hath made his wonderful works to be remembered: the Lord is gracious and full of compassion.

3. We need to rest in the hope of His compassion

Psalm 112:4

Unto the upright there ariseth light in the darkness: he is gracious, and full of compassion, and righteous.

II. God's Blessed Boundaries For Believers

D. Consider God's boundary of blessing

Deuteronomy 28:1-5

1 And it shall come to pass, if thou shalt hearken diligently unto the voice of the LORD thy God, to observe and to do all his commandments which I command thee this day, that the LORD thy God will set thee on high above all nations of the earth:

2 And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.

II. God's Blessed Boundaries For Believers

D. Consider God's boundary of blessing

Deuteronomy 28:1-5 - continued

3 Blessed shalt thou be in the city, and blessed shalt thou be in the field.

4 Blessed shall be the fruit of thy body, and the fruit of thy ground, and the fruit of thy cattle, the increase of thy kine, and the flocks of thy sheep.

5 Blessed shall be thy basket and thy store.

6 Blessed shalt thou be when thou comest in, and blessed shalt thou be when thou goest out.

III. God's Great Mission Cancels Satan's Permission

Isaiah 54:17

No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD.

III. God's Great Mission Cancels Satan's Permission

A. A ready refuge

Psalm 61:3

For thou hast been a shelter for me, and a strong tower from the enemy.

B. A ready reliance

Psalm 59:9

Because of his strength will I wait upon thee: for God is my defence.

III. God's Great Mission Cancels Satan's Permission

C. A ready reinforcement

2 Chronicles 32:8

With him is an arm of flesh; but with us is the Lord our God to help us, and to fight our battles. And the people rested themselves upon the words of Hezekiah king of Judah.

**GIVE GOD YOUR
BURDENS**