

**We Must Have  
Hope**

**Psalm 42**

## Psalm 42:1-11

**1 As the hart panteth after the water brooks, so panteth my soul after thee, O God.**

**2 My soul thirsteth for God, for the living God: when shall I come and appear before God?**

**3 My tears have been my meat day and night, while they continually say unto me, Where is thy God?**

**4 When I remember these things, I pour out my soul in me: for I had gone with the multitude, I went with them to the house of God, with the voice of joy and praise, with a multitude that kept holyday.**

**5 Why art thou cast down, O my soul? and why art thou disquieted in me? hope thou in God: for I shall yet praise him for the help of his countenance.**

## **Psalm 42:1-11 – continued**

**6 O my God, my soul is cast down within me: therefore will I remember thee from the land of Jordan, and of the Hermonites, from the hill Mizar.**

**7 Deep calleth unto deep at the noise of thy waterspouts: all thy waves and thy billows are gone over me.**

**8 Yet the LORD will command his lovingkindness in the day time, and in the night his song shall be with me, and my prayer unto the God of my life.**

**9 I will say unto God my rock, Why hast thou forgotten me? why go I mourning because of the oppression of the enemy?**

**10 As with a sword in my bones, mine enemies reproach me; while they say daily unto me, Where is thy God?**

## **Psalm 42:1-11 – continued**

**11 Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health of my countenance, and my God.**

# **We Need To Hope When We Think Hope Is Gone**

## **Romans 4:18-22**

**18 Who against hope believed in hope, that he might become the father of many nations, according to that which was spoken, So shall thy seed be.**

**19 And being not weak in faith, he considered not his own body now dead, when he was about an hundred years old, neither yet the deadness of Sarah's womb:**

**20 He staggered not at the promise of God through unbelief; but was strong in faith, giving glory to God;**

**21 And being fully persuaded that, what he had promised, he was able also to perform.**

**22 And therefore it was imputed to him for righteousness.**

# **We Need To Hope In Trials**

## **Romans 5:3-5**

**3 And not only so, but we glory in tribulations also: knowing that tribulation worketh patience;**

**4 And patience, experience; and experience, hope:**

**5 And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.**

## **1 Thessalonians 4:13**

**But I would not have you to be ignorant, brethren, concerning them which are asleep, that ye sorrow not, even as others which have no hope.**

# **We Need To Search The Scriptures For Hope**

**Romans 15:4**

**For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope.**

# **We Need To Give Others Hope**

**1 Peter 3:15**

**But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear:**

**Why Have Hope?**

# **I. Hope Brings Help**

## **A. In times of discouragement**

**Psalm 42:5**

**Why art thou cast down, O my soul? and why art thou disquieted in me? hope thou in God: for I shall yet praise him for the help of his countenance.**

## **B. God wants to be our help**

**Psalm 146:5**

**Happy is he that hath the God of Jacob for his help, whose hope is in the LORD his God:**

**Psalm 46:1**

**God is our refuge and strength, a very present help in trouble.**

## **II. Hope Brings Optimism**

### **A. In the face of adversity**

**Psalm 112:7-8**

**7 He shall not be afraid of evil tidings: his heart is fixed, trusting in the LORD.**

**8 His heart is established, he shall not be afraid, until he see his desire upon his enemies.**

### **B. If we do not give up hope**

**Hebrews 3:6**

**But Christ as a son over his own house; whose house are we, if we hold fast the confidence and the rejoicing of the hope firm unto the end.**

# III. Hope Brings Peace

Romans 15:13

Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost.

A. Hope should fill every part of your life

Acts 2:28

Thou hast made known to me the ways of life; thou shalt make me full of joy with thy countenance.

B. Hope should grow as we go through life

Matthew 13:12

For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath.

## **IV. Hope Brings Expectation**

**A. That we will not be let down**

**Philippians 1:20**

**According to my earnest expectation and my hope, that in nothing I shall be ashamed, but that with all boldness, as always, so now also Christ shall be magnified in my body, whether it be by life, or by death.**

**B. That we should look nowhere else**

**Psalms 39:7**

**And now, Lord, what wait I for? my hope is in thee.**

## **IV. Hope Brings Expectation**

### **C. Of understanding the calling of God**

**Ephesians 1:18**

**The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints,**

### **D. Of Christ's return**

**1 Thessalonians 2:19**

**For what is our hope, or joy, or crown of rejoicing? Are not even ye in the presence of our Lord Jesus Christ at his coming?**

**What Are You Hoping  
For?**