

**HOW TO  
RECEIVE GOD'S  
HELP**

**PSALM 91**

## Psalm 91

**1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.**

**2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.**

**3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.**

**4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.**

## **Psalm 91 - continued**

**5 Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;**

**6 Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.**

**7 A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.**

**8 Only with thine eyes shalt thou behold and see the reward of the wicked.**

**9 Because thou hast made the Lord, which is my refuge, even the most High, thy habitation;**

## **Psalm 91 - continued**

**10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.**

**11 For he shall give his angels charge over thee, to keep thee in all thy ways.**

**12 They shall bear thee up in their hands, lest thou dash thy foot against a stone.**

**13 Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.**

## **Psalm 91 - continued**

**14 Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.**

**15 He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him.**

**16 With long life will I satisfy him, and shew him my salvation.**

# **I. God's Presence (v 1)**

**A. We find fellowship in the presence of God**

**1. We enjoy a family relationship**

**2. There is safety, security, and rest**

**B. We need to practice God's presence**

**Hebrews 13:5**

**Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.**

## **II. God's Power (vv 2-4)**

### **A. God is omnipotent**

**Psalm 147:5**

**Great is our Lord, and of great power: his understanding is infinite.**

**Colossians 1:16**

**For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:**

**1 Chronicles 29:11**

**Thine, O Lord is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is thine; thine is the kingdom, O Lord, and thou art exalted as head above all.**

## **II. God's Power (vv 2-4)**

**B. He is abundantly able to meet all our needs**

**1. He can change circumstance and people**

**Proverbs 21:1**

**The king's heart is in the hand of the Lord, as the rivers of water: he turneth it whithersoever he will.**

**2. He keeps us secure**

**2 Timothy 1:12**

**For the which cause I also suffer these things: nevertheless I am not ashamed: for I know whom I have believed, and am persuaded that he is able to keep that which I have committed unto him against that day.**



### **III. God's Providence (vv 5-8)**

#### **A. Providence = the act of providing**

**Divine guidance by loving care and intervention**

**Proverbs 3:6**

**In all thy ways acknowledge him, and he shall direct thy paths.**

**Psalm 73:24**

**Thou shalt guide me with thy counsel, and afterward receive me to glory.**

### **III. God's Providence (vv 5-8)**

**B. God promises us escape from trial and temptation**

**1 Corinthians 10:13**

**There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.**

**He directs and intervenes in unusual ways**

**Romans 11:33**

**O the depth of the riches both of the wisdom and knowledge of God! how unsearchable are his judgments, and his ways past finding out!**

# The Example of Gideon (Judges 7)

GIDEON'S  
300



## **1 Samuel 14:6-7**

**6 And Jonathan said to the young man that bare his armour, Come, and let us go over unto the garrison of these uncircumcised: it may be that the Lord will work for us: for there is no restraint to the Lord to save by many or by few.**

**7 And his armourbearer said unto him, Do all that is in thine heart: turn thee; behold, I am with thee according to thy heart.**

## **IV. God's Protection (vv 9-13)**

### **A. Distance is no problem with God**

#### **Psalm 40:1-2**

**I waited patiently for the Lord; and he inclined unto me, and heard my cry.**

**2 He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings.**



## **IV. God's Protection (vv 9-13)**

**B. We can come in confidence**

**Hebrew 13:6**

**So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.**

**John 6:37**

**All that the Father giveth me shall come to me; and him that cometh to me I will in no wise cast out.**



## **V. God's Promises (vv 14-16)**

### **A. His promises are great and many**

**2 Peter 1:4**

**Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.**

### **B. Since God cannot fail, His promises cannot fail**

**Deuteronomy 31:6**

**Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.**

## **V. God's Promises (vv 14-16)**

### **C. The conditions to claim his promises (vv 14-15)**

**Hebrews 10:22**

**Let us hold fast the profession of our faith without wavering; (for he is faithful that promised;)**

### **D. The results of His promises (vv 14-16)**



**Am I Receiving  
God's Help?**