

**Get Rid Of  
Stinking  
Thinking**

# Predicting One's Future

Can he?

Ability

Will he?

Attitude

# **What Attitudes Are We Struggling With?**

- Some of us are struggling with an attitude of worthlessness. “I stink.”**
- Others of us are struggling with an attitude of loveless-ness. “You stink.”**
- Some of us are struggling with an attitude of bitterness. “Life stinks.”**

# God's Recipe For Peace

## A. Rejoice in the Lord

**Philippians 4:4**

**Rejoice in the Lord always: and again I say,  
Rejoice.**

# God's Recipe For Peace

## B. Appreciation

**Philippians 4:5**

**Let your moderation be known unto all men. The Lord is at hand.**

**Put Up With People**

# God's Recipe For Peace

## C. Supplication

### Philippians 4:6-7

**6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.**

**7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.**

# Defining Wrong Attitudes

- **Worthlessness “I stink” - No peace with myself**
  - **Loveless-ness “You stink” - No peace with others**
  - **Bitterness “Life stinks” - No peace with God**
- Stinking thinking robs me of my peace**

**We need to develop a  
positive attitude that  
rises above difficult  
circumstances**

# **Biblically Correct Thinking**

## **Philippians 4:8**

**Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.**

# **I. About Myself**

**A. Am I thinking thoughts about myself that are  
“true?”**

**John 17:17b**

**“... Thy Word is Truth”**

**Psalms 19:9b**

**“...the judgments of the Lord are true and  
righteous altogether”**

**Psalms 119:151b**

**“...all thy commandments are truth”**

# **I. About Myself**

**Jeremiah 29:11**

**For I know the thoughts that I think toward you,  
saith the Lord, thoughts of peace, and not of evil, to  
give you an expected end.**

# I. About Myself

**B. Am I thinking thoughts about myself that are “right?”**

**“right” = “righteous”**

**Psalms 139:14**

**I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.**

## **II. About My Family And Friends**

**A. Am I thinking thoughts about others that are “lovely?”**

**“lovely” = “attractive”**

**Oftentimes we look for flaws in those that we love  
the most**

**1 Corinthians 13:5**

**Doth not behave itself unseemly, seeketh not her  
own, is not easily provoked, thinketh no evil;**

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## **II. About My Family And Friends**

### **1 Corinthians 4:5**

**Therefore judge nothing before the time, until the Lord come, who both will bring to light the hidden things of darkness, and will make manifest the counsels of the hearts: and then shall every man have praise of God.**

## **II. About My Family And Friends**

**B. Am I thinking thoughts about others that are  
“pure?”**

**“pure” = “morally clean”**

**1 Corinthians 13:6**

**Rejoiceth not in iniquity, but rejoiceth in the truth;**

**Ephesians 4:32**

**And be ye kind one to another, tenderhearted,  
forgiving one another, even as God for Christ's sake  
hath forgiven you.**

# **III. About My Circumstances**

**A. Addresses the temptation of bitterness – “life stinks”**

**Ephesians 4:31**

**Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice:**

**James 3:14**

**But if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth.**

# III. About My Circumstances



**Beverly Sills**

# **III. About My Circumstances**

**"The remarkable thing is that we have a choice everyday regarding the attitude we will embrace for that day. We cannot change our past. We cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is to play on the one string we have, and that is our attitude."**

**Chuck Swindoll**

# **III. About My Circumstances**

**B. Am I thinking thoughts about my circumstances the  
“are honorable?”**

**“honorable” = “worthy of respect”**

# III. About My Circumstances

**C. Am I thinking thoughts about my circumstances that “are worthy of praise?”**

**Jeremiah 32:40-41**

**40 And I will make an everlasting covenant with them, that I will not turn away from them, to do them good; but I will put my fear in their hearts, that they shall not depart from me.**

**41 Yea, I will rejoice over them to do them good, and I will plant them in this land assuredly with my whole heart and with my whole soul.**

# **III. About My Circumstances**

**Does Our Attitude On Life Give God The  
Praise He Deserves?**

# **III. About My Circumstances**

**John 16:33**

**These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.**

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