

HOW TO BE

YOUR BEST SELF

**The only
thing I'm
committed to
right now**

**is bettering
myself.**

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ADRIANA DIAZ

Freeing the Creative Spirit

Stephen Levine A GRADUAL AWAKENING

mind over medicine
Dr. Lissa Rankin

Deepak CHOPRA Synchronicity

Paulo Coelho Like the Flowing River

UNLOCK THE SECRET MESSAGES OF YOUR BODY!
Denise Linn

Stop Thinking Start Living
Richard Carlson

Manifesting Change
MIKE DOOLEY

The Butterfly Experience
KAREN WHITELAW-SMITH
WATKINS

jumpy... and Your Life Will Appear
Nancy Levin

ONE SIMPLE CHANGE
WINNIE ABRAMSON ND

ERIC HARRISON HOW MEDITATION HEALS

Ask and it is Given
Esther and Jerry Hicks

CARLOS CASTANEDA THE ART OF DREAMING

What a Coincidence!
SUSAN M. WATKINS

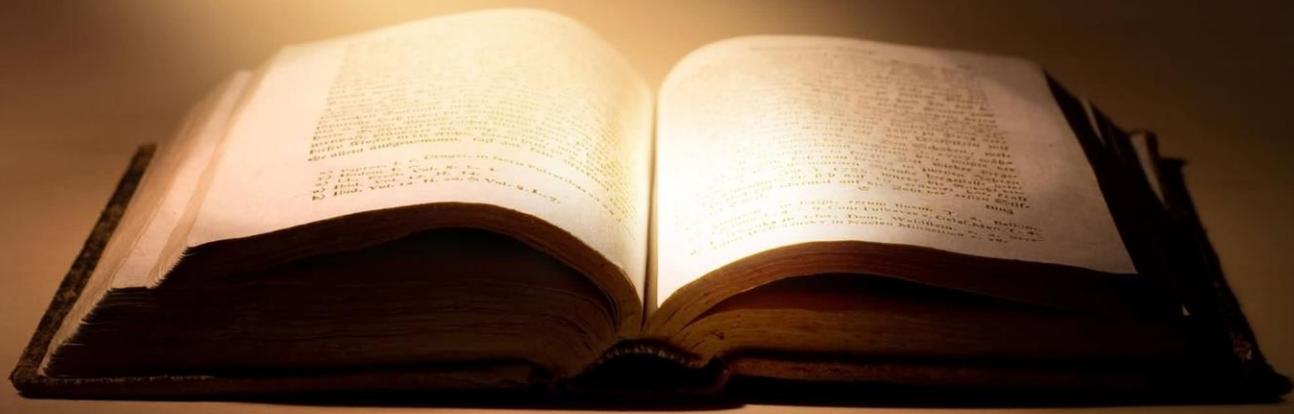
excuse me, your life is waiting
LYNN GRABHORN

THE POWER OF ACCEPTANCE
ANNEMARIE POSTMA

born KNOWING
John HOLLAND
with Cindy Postuma

A FORGOTTEN TRUTH
LEGGETT & PAYNE

The Law of Attraction
Esther and Jerry Hicks



1 John 4:4

Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.

John 14:12

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

Romans 8:28-30

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

29 For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren.

30 Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.

2 Corinthians 3:17-18

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

I. Be Genuine

Ephesians 4:15

But speaking the truth in love, may grow up into him in all things, which is the head, even Christ:

A. The requirements

B. The result

II. Be Gracious

Ephesians 4:32

And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

A. A characteristic of God

B. A characteristic perceived by others

1 Peter 2:1-3

1 Wherefore laying aside all malice, and all guile, and hypocrisies, and envies, and all evil speakings,

2 As newborn babes, desire the sincere milk of the word, that ye may grow thereby:

3 If so be ye have tasted that the Lord is gracious.

III. Be Generous

Luke 6:38

Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again.

A. A trait to be desired

B. A trait to be developed

Acts 20:35

I have shewed you all things, how that so labouring ye ought to support the weak, and to remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive.

IV. Be Gallant

Ephesians 3:12

In whom we have boldness and access with confidence by the faith of him.

A. Change can be scary

B. Change requires modeling, modeling requires access

Ephesians 2:18

For through him we both have access by one Spirit unto the Father.

C. Change should be encouraging

V. Be Grateful

1 Thessalonians 5:18

In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

A. Everyone is better off when we show gratefulness

B. God's presence is appreciated when we are thankful for His blessings

Psalm 100:4

Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.



MIRROR MIRROR
on the wall...

DO YOU SEE
CHRIST
in me at all?

CALL HER BLESSED